

Restrictions in relation to all performances

Please see [The Children \(Performances and Activities\) \(England\) Regulations 2014](#) for full details

Topic	Age 0 to 4	Age 5 to 8	Age 9 and over
Maximum number of hours at place of performance or rehearsal (Reg.22)	5 hours	8 hours	9.5 hours
Earliest and latest permitted times at place of performance or rehearsal (Reg.21)	7am to 10pm	7am to 11pm	7am to 11pm
Maximum period of continuous performance or rehearsal (Reg.22)	30 minutes	2.5 hours	2.5 hours
* Maximum total hours of performance or rehearsal (Reg.22)	2 hours	3 hours	5 hours
Minimum intervals for meals and rest (Reg.23)	Any breaks must be for a minimum of 15 minutes. If at the place of performance or rehearsal for more than 4 hours, breaks must include at least one 45 minute meal break.	If present at the place of performance or rehearsal for more than 4 hours but less than 8 hours, they must have one meal break of 45 minutes and at least one break of 15 minutes. If present at the place of performance or rehearsal for 8 hours, they must have the breaks stated above plus another break of 15 minutes.	If present at the place of performance or rehearsal for more than 4 hours but less than 8 hours, they must have one meal break of 45 minutes and at least one break of 15 minutes. If present at the place of performance or rehearsal for 8 hours or more, they must have the breaks stated above plus another break of 15 minutes.
Education (Reg.13)	N/A	3 hours per day (maximum of 5 hours per day). 15 hours per week, taught only on school days. Minimum of 6 hours in a week if aggregating over 4 week period or less.	3 hours per day (maximum of 5 hours per day). 15 hours per week, taught only on school days. Minimum of 6 hours in a week if aggregating over 4 week period or less.
Minimum break between performances (Reg. 23)	1 hour 30 minutes	1 hour 30 minutes	1 hour 30 minutes
Maximum consecutive days to take part in performance or rehearsal (Reg.26)	6 days	6 days	6 days

* **Maximum total hours of performance or rehearsal** ([Reg.22](#)) - It is important to note that these are the maximum hours permitted by the legislation; it is not intended that they be the default working pattern for all children.

Note: [Reg.5](#) and [Reg.29](#) allows the licensing authority and the chaperone to further restrict these permitted hours and require additional breaks etc. if this would be in the best interests of the individual child.

Note: Chaperone discretion. A chaperone may allow a child to perform for a period not exceeding one hour immediately following the latest time specified in [regulation 21](#) subject to a number of provisions (see [Reg. 29](#)). This discretion can only be applied after the latest permitted hour i.e. after 10pm for children aged under 5 years and after 11pm for children aged 5 years and over.