

www.norfolk.gov.uk/trails



Start point	Hoe Rough car parking area Grid reference TF978168
Parking	Free
Distance	3.5 miles
Details	Long and gentle gradients, 70% soft

Walk instructions

- I. Start at the car park just off the BII46 Fakenham Road, opposite Mill Lane. Walk through the gate on to Hoe Rough nature reserve and follow the wide grassy path through the middle of the reserve.
- 2. Follow the path to the BIIIO. Cross the road and follow the public footpath the other side. You will pass a house on your right and then the path takes you through some woodland before opening out to a grassy area. Follow the path straight on until you come to Hoe Road.
- 3. Turn right on this road and after approximately 250 yards, turn left, walking under the railway bridge. Note there is no road name here.
- 4. Follow this road and then turn left on to Hall Road. After approximately 50 yards turn right. Note there is no road name here.
- 5. After approximately 650 yards, you will reach a small road junction. Turn right here on to a public footpath. There is a surviving Second World War 'pill box' partially obscured by the undergrowth on the left at this point. The footpath will take you over the Mid Norfolk Railway line and then across the field to a country lane.
- 6. Cross the lane and follow the public footpath crossing a large field to the road (B1146). Cross the road and continue following the path along the field edge. The path bends sharply left at the end. Follow the path for a few yards before it exits to the road (B1110).

Cross the road and follow the public footpath the other side keeping to the left of the hedge.

- 7. At the end of this field follow the public footpath right along Mill Lane. The plantation should be on your left and the field edge on your right. The grassy path will become a hard surface path.
- 8. Mill Lane then becomes a soft path through a woodland area before returning to hard surface again past some houses. Follow the lane to the main road (B1146 Fakenham Road). Cross the road back to the car park at Hoe Rough.

Hoe Rough: A Norfolk Wildlife Trust Nature Reserve

Hoe Rough is owned and managed by Norfolk Wildlife Trust. The reserve is open access and designated both a Site of Special Scientific Interest (SSSI) and County Wildlife Site (CWS). There are marked out paths across the reserve and nature trails which meander though it. Have a look at the information boards while you are here and discover what it is that makes the environment special. The site is a combination of oak and birch woodland, scrub, heathland and unimproved grassland which is sometimes grazed. Visit www.norfolkwildlifetrust. org.uk for more information about Norfolk nature reserves.



Did you know?

 Oak trees can live to be 1000 years old – the large size of the trees on Hoe Rough indicates that they are around 300 years old.

Please keep your dog on a lead or under tight control where cattle are grazing and between 1st March and 31st July during bird nesting season.

Hoe via Hoe Rough

This walk takes you across Hoe Rough, a quiet, peaceful and relaxing environment ideal for clearing the mind.

Look out for...

• Flora such as the

bird's foot trefoil.

cuckoo flower and

heather • fauna such

as the broad-bodied

chaser dragonfly, orange tip butterfly and adders • mature oak trees

green-winged orchid,

Gressenhall

Mill

Lane

Farm

