



Norfolk
County Council
Public Health

Please enjoy our Norfolk Trails and Public Rights of Way Responsibly

PROTECT OURSELVES. PROTECT OTHERS. PROTECT NORFOLK.



**Wash hands before and after
any visit to the countryside.**



**Warn others when you are behind
and only pass when it's safe to do so.**

**Some areas of the trail might be
narrow. Respect other users.**



**Look for alternative sites if it's busy
- stay local if you can.**



**Maintain at least a 1 m+ distance
when using the countryside.**

Stay safe. Protect others.



**Don't touch your face after
touching gates or handrails etc.**

**Wash your hands or use hand
sanitiser as soon as possible after.**