Mental Health – The Context

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Mental Health – The Context National

- The Five Year Forward for Mental Health
- The Care Act 2014
- Sustainability Transformation Plans
- Kings Fund
Mental Health – The Context
Local – “Transformation, Transformation, Transformation”

• Mental Health – Transformation Plan – “The Roadmap”
• Learning Disability Local Transformation Plan
• Child and Adolescent Local Transformation Plan
• Promoting Independence
Mental Health – The Context
Themes

• Financial position of CCG’s and Norfolk County Council
  • Parity of Esteem
• Transformation themes – enhanced community services, reduction on reliance on bed based solutions, workforce skill mix
• STP – a great opportunity/ mental health the answer?
• Whole system approach
• Mental Health waiting time targets and Assurance process
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The Five Year Forward for Mental Health

• Increased Psychological Therapies
• Early Intervention in Psychosis
• Suicide Prevention
• Perinatal Mental Health -
• Core 24/7 Psychiatric Liaison
• CRHT
• No Out of Area placements
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The Care Act 2014/ Promoting Independence

• Strengths based approach – what a person can do for themselves or support they have available to them
• Access and engaging in work, training, education or volunteering
• Making use of services/facilities in local community including public transport
• NCC funding for those outcomes that cannot be met by other means
• Funding focused on outcomes – gaining skills and independence in that area
• No new permanent placements for 18-64 year olds with functional MH needs
• Short term placements with rehab focus
• All placements managed through panel
• Less use of residential respite as we seek to support people to gain skills in their own homes
• Best use of resources and value for money
Mental Health – The Context
Sustainability Transformation Plans

• Primary Care – Increased Mental Health therapies = reduced overall cost
  • Diabetes
  • COPD
  • Medically Unexplained Conditions
  • (KINGS FUND)
• Secondary Care – Increased Mental Health therapies = reduced overall cost
• Well Being Hubs – Community access = reduced overall cost
• Development of focused community services – inpatient and residential
• Dementia