

Check out our other trail guides in the series...

Angles Way Diss

Begin your journey on the Angles Way in the lively market town of Diss - home to the Mere, the deepest inland lake in the country formed during the Ice Age 12,000 years ago. Discover a town steeped in history, as you weave through streets of timber framed buildings and relish in its charming architecture.



From a short loop to a long stretch for serious hikers, any explorer can make it their own.

To find out more about Angles Way,
visit angles-way.co.uk

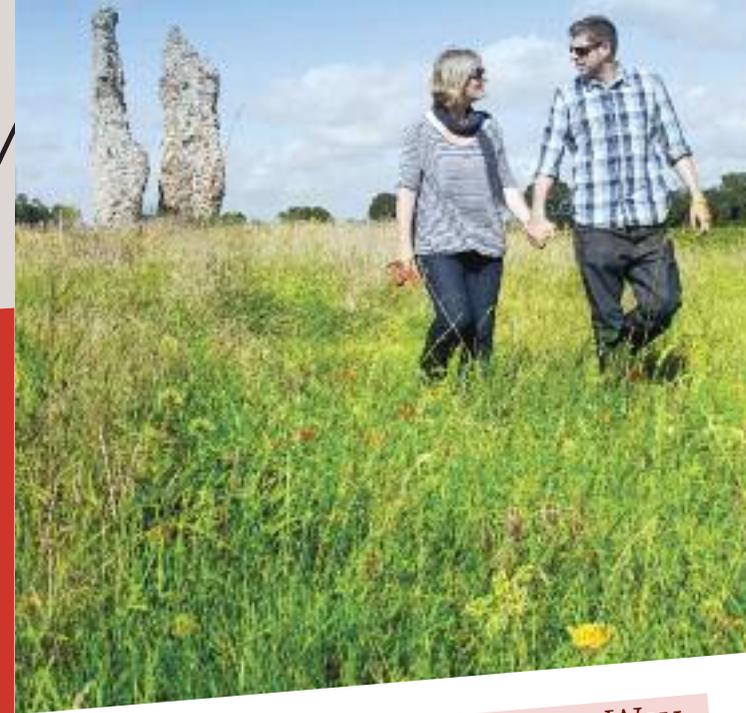
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The Angles Way takes in the beautiful scenery of the Waveney Valley following the Norfolk-Suffolk border. It passes through unspoilt countryside with outstanding panoramic views, taking in picturesque market towns.

Angles Way
Walking Trail Series

Explore
Angles Way
around Diss



To find out more about Angles Way,
visit angles-way.co.uk



Waveney Valley



About Angles Way

Snaking across 93 miles of open country, following the River Waveney for much of its route, the Angles Way walking trail is a must-do for everyone who loves the great outdoors. Rich in biodiversity, its many sights are a pleasure to behold come rain or shine. Whether you are looking to tackle the whole of the 93 miles, a five mile stroll on a Sunday afternoon or just one of the many short loops along the way, there's something for everyone.

Thanks to funding in 2012, from the Rural Development Programme for England (RDPE), plans for greater accessibility and improved trail quality have been put in place. These include improved signage, stile-free trail sections and an all-new website packed with updated news and information (visit angles-way.co.uk)



Explore:
Angles Way
angles-way.co.uk

What to see on the trail

Visit Diss on a Friday to experience the hustle and bustle of a market town dating back 500 years. Diss is one of two county towns adopting the Italian Cittaslow movement - a worldwide programme that supports local tradition, environmental protection and the unique character of the town. Meaning 'slow town', the Cittaslow town of Diss prides itself on its locally sourced arts, crafts and produce, and visitors are invited to barter and browse to their heart's content.

Higher ground in the countryside around Diss offers a treat for any walker, where the vast open landscape opens out to offer stunning panoramic views across the river valley, with the Angles Way skirting alongside the magnificent River Waveney for much of the surrounding area.



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Top 5 sights on this trail:

- 01 The **Mere**, a six-acre lake maintained by underground springs.
- 02 Diss' busy and vibrant Friday **market**.
- 03 **St Mary's Church** - remains of the deserted Thorpe Parva.
- 04 The timber houses surrounding Diss' **Fair Green**.
- 05 See the source of the River Waveney at **Redgrave and Lopham Fen**.

Moving west on the Angles Way, spot the source of the River Waveney and glimpse the rare raft fen spider amongst the aquatic pools in Redgrave and Lopham Fen's unique habitat. Being one of the largest remaining river valley fens in England, the area has become known for its varied habitat of spring-fed sedge beds, rush and grass meadows, woodland and wet and dry heath.

Joining this walk is made easy by great transport links via railways and public bus networks to and from Diss.



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The whole trail
covers 93 miles!