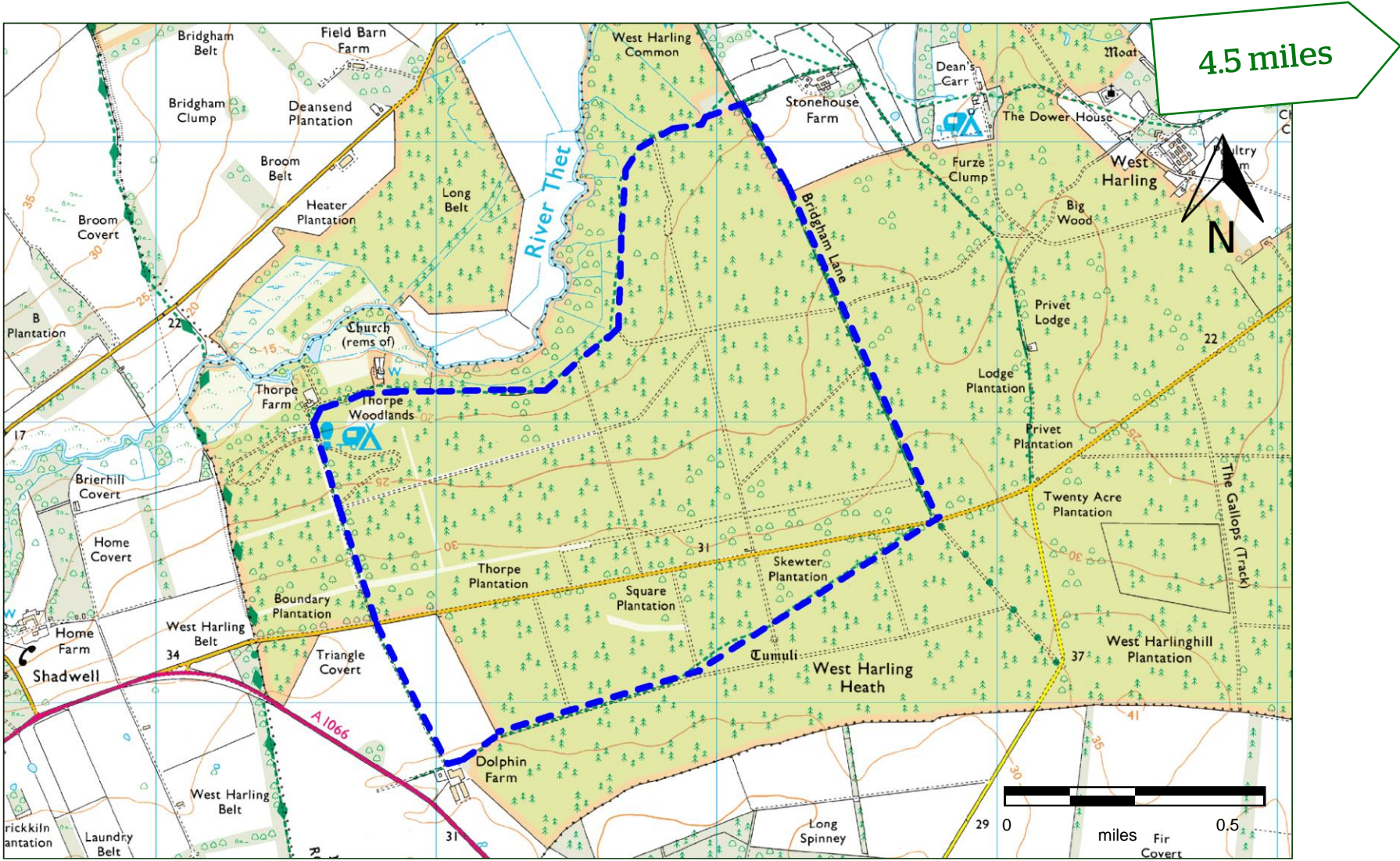


Circular Walk

The West Harling Trail



www.norfolktrails.co.uk

Along the way

From Bronze Age burial mounds to deserted medieval villages and Roman settlements, you can truly step back in time following in the footsteps of our ancestors.

Heading east from Bridgham Lane the path winds its way towards Thorpe Woodlands offering stunning views of the river valley beyond. Harling Thorpe was once the site of a medieval settlement, the area is now a Forest Retreat and a perfect location for short breaks or family holidays. It is also an ideal place to stop and relax with a cup of tea and slice of cake in wonderful surroundings – the Retreat is dog friendly so you and your four-legged companions are sure to find a warm welcome here.

To extend your walk you can join the Peddars Way National Trail which crosses the River Thet at Shadwell as it continues north on its way to the coast.

Walk summary

Archaeological features abound on this peaceful trail following woodland footpaths and tracks through the valley of the River Thet.

Getting started: This walk starts at the south end of Bridgham Lane, situated off the West Harling Road (TL9678 8365).

Getting there: Free parking is available at the start point.

Maps and guides: Ordnance Survey Explorer Map 230, Diss and Harleston.

What to expect: Unsurfaced footpaths and forest tracks some of which may become muddy following wet weather.

Facilities: A shop, café and toilet facilities are available at Forest Retreat.