



Norfolk County Council



# Treasures

## of the Gaywood Valley

Fun walks for the whole family



# Greetings treasure hunters!



My name is Eli and it's my job to get you ready for your treasure hunting expedition in the Gaywood Valley. . . and also to introduce you to a few of my trusty friends who I know will take good care of you as you set out on your adventures.

The Gaywood Valley has some real treasures that make it extremely valuable to both humans and wildlife. The beauty of it is that you can discover a lot of it on foot, perhaps not even far from your doorstep! You can see places you would never get to in your car and you can explore sites that are really fascinating with loads of history and wildlife you might not normally see. As the Gaywood River flows through the valley, it takes you on a journey of a Living Landscape. It tells you a story of its past and gives you a glimpse of its future, all the while moving between really beautiful places where plants and animals make their homes.

My friends will guide you round 4 different treasure trails. There are **points to collect** for all the "treasures" listed. The more you find, the more points you get. If you collect 500 points, you will become a "Master Treasure Hunter". So get spotting!

Have fun on your adventures!



# First things first!

1. A sense of adventure!
2. Notebook or drawing pad
3. pencil or small pack of colouring crayons.
4. If you have a camera, bring that too.



Why not think of a great treasure hunting name for yourself or for your group?

## Eli's Top Tips

for the best treasure hunting experience!

- Before you set off, decide what type of shoes to wear — for longer walks or walks that might be a bit muddy, bumpy or rough, a good comfortable pair of sturdy shoes will be best.
- Remember to take a large bottle of water with you — it's really important to drink lots when you are being active to keep your energy levels up and stop you feeling tired.
- When you're out in the sunshine, always protect your skin with a good sunscreen and wear a hat!
- Throw in a raincoat just in case!



# Our great outdoors!

## Eli's Top Tips

for taking care of our surroundings!



The Gaywood Valley will be here a very long time; long after you so it's really important that you look after it so that your children can enjoy it, and their children after that. . .

- please take some time to read any advice that is given about the area in which you are walking — check signs.
- Some of the routes pass through areas grazed by cattle, sheep or horses. please take care as you walk; stay on the footpaths, leave gates as you find them and do not feed the animals.
- Take any litter (including dog litter) home or use bins provided.
- please don't pick plants and flowers that are alive and growing (but look out for them because some of them might be in your treasure points book).

**Dogs must be kept under close control on public rights of way and must not be allowed to stray from the line of the path.**

## The Gaywood Valley Project

This project seeks to unlock the potential of the Gaywood Valley to the east of King's Lynn in Norfolk. It aims to deliver social, economic and environmental benefits through European partnership.

# Gaywood Valley Treasure Map





The fold-out treasure map shows you the whole of the Gaywood Valley and where all the walks are. If you live nearby see if you can find where you live — how close is it to the walk routes?

"X" marks the spot! Fill in the "X" when you first complete each of the walks.

Try going back at different times of the year to find more treasure!



# In your pack you will find

-  A large Gaywood Valley treasure map
-  Four different treasure maps with walk information and directions
-  A variety of activities to do along the way
-  A treasure points collection book to record all the treasure you find



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