


Aylsham: Abel Heath and Silvergate

Information	
Start point	Aylsham Market Place • Grid Reference TG192269
Parking	Any town centre free car park
Distance	3.1 miles
Details	Moderate gradient, 35% soft surface 

Walk instructions

Leave the Market Place via Penfold Street (between the Black Boys and the Post Office). Turn left at the thatched John Soame water pump, then right into Holman Road (beside the fire station).

At the end of Holman Road, keep right following the track as it bears left, ignoring the white gates on the right. Turn left into Heydon Road at the end of this track.

Keep right at the Abel Heath junction, following signs to Blickling.

After passing Abel Heath Farm on the right and walking towards Silvergate, turn right onto Weavers' Way (look out for the Weavers' Way sign post **behind** the barn on the right with the red post box and black parish notice board set in the wall – also opposite the triangular left turn road sign).

Follow the Weavers' Way field edge path up the hill keeping the hedge on the right and ignoring all other paths. Walk through the kissing gate into a meadow bounded by large oak trees and continue down the hill to the road.

Just before reaching the road, go through the gate on the right, through a second gate and turn right to walk along a path parallel to the Blickling Road. Cross Blickling Road and continue along Peterson's Lane opposite.

At the T-junction, turn right into the Cromer Road, and walk up the hill and steps into the churchyard, take the left hand path around the church which leads into the Market Place.

- The thatched well is a memorial to John Soame. At 170 feet deep, it was dug in 1911 for the benefit of the residents of Aylsham to ensure reliable water quality.



- The streets in Aylsham town centre follow the medieval pattern, although the buildings have since been updated. The open space in the Market Place now belongs to the National Trust as part of the Blickling estate and still looks much as it did in the early 19th Century.
- There has been a public house known as "The Black Boys" since 1659 on the corner of the Market Place. Horatio Nelson is reputed to have danced here in 1814 at the end of the Napoleonic Wars.
- The Anglo Saxon name for Aylsham translates as Aegel's homestead. Aylsham was an important town recorded in Domesday Book with approximately 1,000 residents.


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Enjoy a rural walk out of Aylsham, using a mix of field edge footpaths, cattle grazed meadows and quiet country lanes


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Key

Walk 

Parking 

0  1/2km

 1/4mile

