

West Runton via Roman Camp

Start point	Beach car park, Water Lane, West Runton TG185432
Parking	Beach car park, Water Lane, West Runton
Distance	4.2 miles from the car park on Water Lane 3.3 miles from bus stop , 3.2 miles from train station
Details	Steep gradient, 80% soft  seasonal café and toilets

Walk instructions

Start as for walk 10 until reaching Holgate Lane (white route on the map).

Turn right at Holgate Lane; this stone track is also the vehicle entrance to a caravan park. Walk up the track, turn right and cross Sandy Lane at the end to the entrance to Roman Camp. Follow the acorn waymarkers for the Norfolk Coast Path towards Sheringham.

Pause to read the National Trust information panels by the car park for Roman Camp and to admire the view from Beacon Hill. Continue along the track following the Norfolk Coast Path 'acorn' waymarks.

Follow the Norfolk Coast Path fingerpost at the junction of paths (just to the right of Heath Cottage) and walk down the footpath between moss and fern covered banks. Continue ahead after the wooden barrier where Calves Well Lane joins from the right.

At the next junction of footpaths beside Beeston Regis Heath, bear right to walk towards the sea. Pass Beeston Hall School and turn right onto the pavement beside the A149 leaving the Norfolk Coast Path at this point.

Walk over the railway bridge to return to your start point; either the bus stop just after the Village Inn, or turn right up Station Road for the train station, or turn left into Water Lane to return to the car park.

- Beacon Hill on the Roman Camp is the highest point in Norfolk at 103 metres (338 feet) above sea level; why not walk down to the beach first so you can say you've walked from sea level to the highest point in Norfolk?
- The earthworks of Roman Camp are not Roman, but they pre-date the Napoleonic wars when this site was used as an alarm post/telegraph station.
- Roman Camp is another accessible County Wildlife Site to explore. The recent management technique of removing some trees and



● Nightjar
Photograph by John Jarvis

scraping off a layer of top soil to allow heather to regenerate has encouraged nightjars to return to the heath. Nightjars are summer migrants and are included in the UK Biodiversity Action Plan; listen for their distinctive call at dusk in May and June. The heath is managed by National Trust volunteers, for more information contact Sheringham Park visitor centre, 01263 820550 or visit www.nationaltrust.org.uk



West Runton via Inceborough Hill & West Runton via Roman Camp

Yellow route - Stunning panoramic coastal views from the top of Inceborough Hill are the reward for climbing this steep hill.

White route - Enjoy the challenge of walking for two miles from sea level to the highest point in Norfolk.



- In 1990 the 600,000 year old remains of an elephant were found at the base of cliffs in West Runton. Read more about this on the café display board close to the beach car park, visit Cromer Museum or look on the Natural History Department page of the www.museums.norfolk.gov.uk website.



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