

# Gressenhall/ Beetley



[www.norfolk.gov.uk/trails](http://www.norfolk.gov.uk/trails)



Photographs: Norfolk Museums and Archaeology Service

Start point	Gressenhall Farm and Workhouse or Gressenhall Green Grid reference TF974171 (Mus) • Postcode NR20 4DR Grid reference TF965165 (Green) • Postcode NR20 4DU
Parking	Museum car park – only during museum opening hours – see <a href="http://www.museums.norfolk.gov.uk">www.museums.norfolk.gov.uk</a> for opening times, otherwise, start from the Green
Distance	4.5 miles
Details	Minor gradients, 50% soft     (toilets/refreshments during museum/café opening hours)

## Walk instructions

If starting from the Green, walk towards Litcham Road and cross to Bittering Street. Continue along Bittering Street and then pick up instruction #4 below.

1. Start at Gressenhall Farm and Workhouse and turn right on to Fakenham Road.
2. Turn right at the island on to Litcham Road, passing Gressenhall Farm on your left and continuing to walk to Gressenhall village. You are now on the Nar Valley Way.
3. At the fork in the road, turn right on to Bittering Street and follow the road for approximately 600 yards.
4. At the crossroads, turn left on to Longham Lane. Manor Farm is on your left.
5. After approximately 100 yards, turn right on to a restricted byway between the hedgerows opposite Manor Farm.
6. Continue on this track for just over half a mile. Turn right at the end on to Stoney Lane.
7. At the crossroads continue straight on.

8. Pass Vale Farm and at the crossroads, turn left on to a lane. Follow this lane for a short distance and then cross straight over the B1146 to Field Lane. Follow Field Lane for approximately half a mile and then turn right on to Church Road.
9. After approximately 250 yards, you come to an island junction with Chapel Lane. Follow the footpath straight ahead which crosses the field. The public footpath should be sign posted.
10. Cross High House Road and follow the footpath straight on through woodland. Follow the path as it passes some houses and the playing field behind St Mary's County Primary School.
11. Turn left on Fakenham Road. Cross to the pavement on the other side where safe to do so and continue to walk back to the museum. Turn right in to the museum entrance. (If you started at Gressenhall Green, follow instructions #1 and #2 to find your way back to your start point.)



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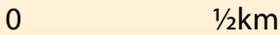
An attractive walk linking the rural parishes of Gressenhall and Beetley. The route takes you along part of the Nar Valley Way, a long distance path of 34 miles in total that runs from Kings Lynn to Gressenhall almost entirely within the valley of the River Nar.

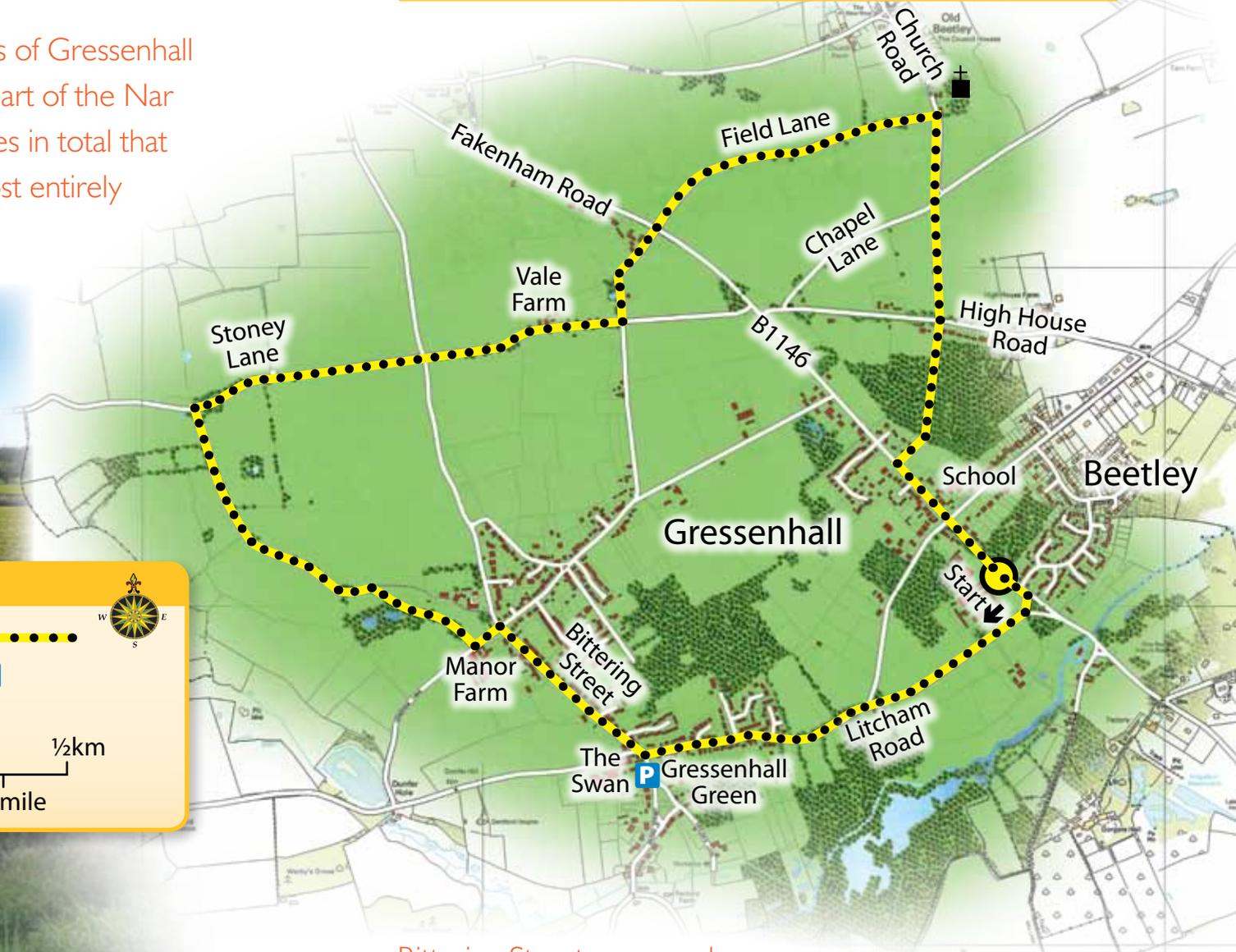


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**Key**

- Walk 
- Parking 
- Church 

0  1/2km  
1/4mile



## Bittering Street crossroads

Look out for the 17th century timber framed cottage, with an early 19th century clay lump and brick chapel. The chapel was originally built as a school, before becoming a Methodist chapel in the 1920s.

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## Gressenhall Farm and Workhouse Museum of Norfolk Life

The main building dates back to 1777, with 19th century enlargements. The museum, was once a workhouse and provided food, lodgings and work for ill or destitute people from the local parishes between 1777 and 1948.

### Gressenhall Farm ▶

Gressenhall Farm is run as a traditional 1920s farm with rare breed animals such as Red Poll cattle, Norfolk Horn Sheep, Large Black Pigs and the popular Suffolk Punch Horses working the fields.

### ▲ Visit Gressenhall Farm and Workhouse Museum of Norfolk Life...

Set in 50 acres of unspoilt Norfolk countryside, Gressenhall Farm and Workhouse is a fantastic day out for all the family. There is so much to see and do from meeting the animals on the farm and learning about the past lives of Norfolk people to visiting the orchard and gardens, walking the pretty riverside trails or enjoying a cart ride around the farm courtesy of the gentle Suffolk Punch.

There are a range of other attractions including a woodland adventure playground, picnic areas, café and shop as well as a variety of events throughout the museum's opening season which are great fun for all the family. Visit [www.museums.norfolk.gov.uk](http://www.museums.norfolk.gov.uk) and follow the links for lots more information and opening times.

You can also contact the museum on **01362 860563** or email [gressenhall.museum@norfolk.gov.uk](mailto:gressenhall.museum@norfolk.gov.uk)

### Did you know?

- The Suffolk Punch is one of the oldest breeds of working horse recorded in the UK, where the history of the horses can be traced back to the 18th century. The breed was distinctive to East Anglia and few horses moved to other parts of the country.
- The Suffolk Punch was hard hit by the introduction of mechanized farming in the 1960s and almost died out. Since then, there has been much effort in breeding these horses.
- The Suffolk Punch is now rarer than the Giant Panda with potentially less than 400 left in the UK.

