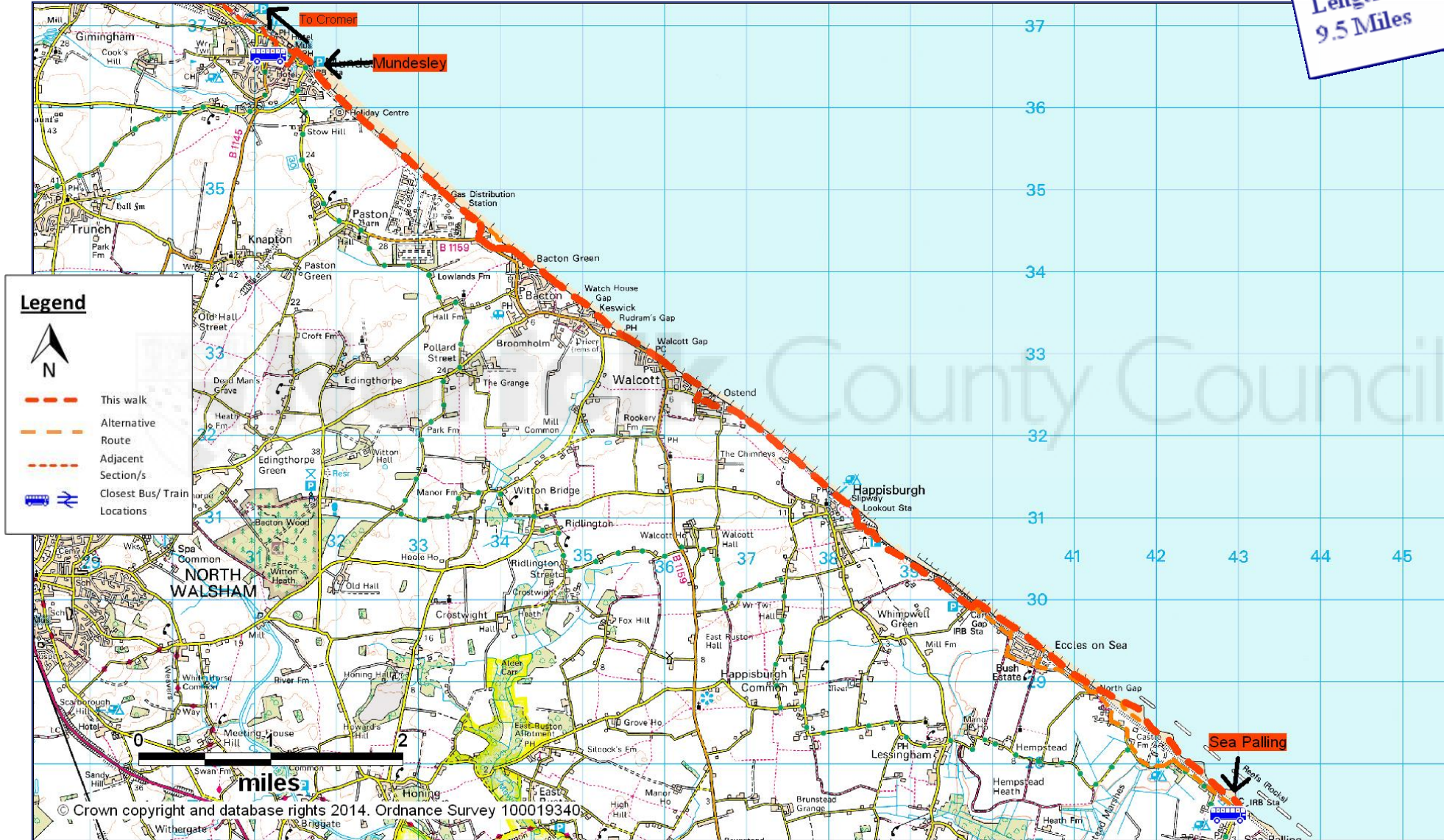


L3

# Norfolk Coast Path England Coast Path Stretch 1 Long Walk 3 (of 3) Mundesley to Sea Palling



Length:  
9.5 Miles



Norfolk Coast Path



Norfolk County Council

## Along the way

The walk begins at Mundesley's Maritime Museum, a small two-storey building that formerly served as a HM Coastguard lookout station. The way leads down to the beach beneath Mundesley Cliffs, a Site of Special Scientific Interest, and continues past the extensive industrial complex of the Bacton Gas Terminal on the clifftop above. Just beyond here, there is the option of a brief inland diversion at Bacton Green if necessary. At Walcott, the route diverts slightly inland to climb up to the clifftop path that leads to Happisburgh.

Happisburgh made the news in 2010 when a large cache of flint tools found on a village beach indicated that the area was the site of early human activity between one million and 780,000 years ago. Further evidence came in 2013 when wave erosion exposed a number of fossilised footprints believed to belong to the same early human species – *Homo antecessor* or 'Pioneer Man'.

Leaving Happisburgh, the way passes the village's iconic red and white banded lighthouse, which was constructed in 1791 in response to a severe storm in 1789 that wrecked 70 ships and claimed 600 lives.

Arriving at Cart Gap car park, two options that may be taken to reach Sea Palling: along the beach, or by way of a slightly more inland route. Before reaching Marram Hills, a county wildlife site, the way passes the bungalows of the Bush Estate at Eccles-on-Sea where the sea wall incorporates a World War II pillbox. A fishing village used to exist here but this was abandoned by the early 17<sup>th</sup> century when it became engulfed by the sea. The round tower of the former village's St Mary's Church remained standing until 1895 when it finally succumbed to a storm.

The walk ends at Sea Palling, a small holiday resort with a Blue Flag Award beach. Seals are often seen in the sea here and a humpback whale was even spotted out to sea in 2013 and 2014. The iconic reefs set just off the shore help to protect the vulnerable coastline.

*Further information on this walk is available in three short walks, including more detailed maps.*

See *Short Walks S5; Mundesley to Happisburgh, S6; Happisburgh to Cart Gap and S7; Cart Gap to Sea Palling*  
[www.norfolk.gov.uk/norfolkcoastpath](http://www.norfolk.gov.uk/norfolkcoastpath)

### Walk summary

This bracing, seaside walk follows the beach and cliff path for much of the way. The final section to Sea Palling offers the option of either a beach walk or an inland alternative along tracks close to the shore.

### Getting started

This walk starts at Mundesley Old Coastguard Lookout Station (TG314367) and ends at Beach Road, Sea Palling (TG429274).

### Getting there

#### Bus Service:

Mundesley – Sanders 5, 34, 35B and 55  
 Sea Palling – Sanders 34 and 36

#### Bus Stops:

Station Road or High Street (Mundesley) and adj Hall Farm on The Street (Sea Palling)

Traveline enquiries: 0871 200 22 33.  
[www.travelineeastanglia.org.uk](http://www.travelineeastanglia.org.uk)

### Maps and guides

Ordnance Survey Explorer Map 252, Norfolk Coast East, Cromer & North Walsham, and Explorer Map 40, The Broads, available from Ordnance Survey shop  
[www.ordnancesurvey.co.uk/oswebsite](http://www.ordnancesurvey.co.uk/oswebsite)

### What to expect

Beach walking with hard sand, clifftop footpaths and lanes and tracks (inland option).

### Facilities

Pubs, cafés, tearooms, accommodation and shops in Mundesley and Sea Palling.