

Paston Way Short Walk 2 (of 4) Southrepps to Mundesley

Length:
6 Miles *

* 9 miles with church links



Along the way

Starting just north of Southrepps, this walk soon passes Southrepps Lodge Farmhouse, a flint and brick building dated 1862 that has a pre-existing late 16th- or early 17th-century wing attached. After crossing Mundesley Beck the route follows country lanes and tracks through farmland and crosses the route of a former railway line before arriving at the small village of Trimingham.

Trimingham is home to the Church of St John the Baptist's Head, which is in Perpendicular style with a surprisingly short, heavily buttressed tower. A life-sized alabaster carving of St John the Baptist's head used to be on display here in medieval times and the church would have once been an important place of pilgrimage. The small painted rood screen depicts St John the Baptist's head on a platter as a reminder of this.

From Trimingham the route heads south away from the coast and follows minor roads and a footpath to cross Mundesley Beck once more before arriving at Hall Farm from where it leads into Gimingham. (To visit St Botolph Church, Trunch, take a 3 mile detour (there and back) south east from Hall Farm). Passing Gimingham's Perpendicular-style All Saint's Church with its attractive graveyard, the route continues past fishing ponds, which sometimes attract water birds, before reaching the site of Gimingham Mill, now converted to a residential building.

From Gimingham Mill the route heads eastwards to pass to the north of the former Mundesley Hospital complex, which, dating from 1898—9, was the first large tuberculosis sanatorium to be built in Britain. The buildings were constructed of pre-fabricated sections made of timber with rooms for patients all facing south.

Heading into Mundesley, take a half mile detour (there and back) up Church Lane to visit All Saints Church. Continuing into Mundesley, passing the small visitor centre on Station Road, this walk finishes at Gold Park near the pretty village sign. Head up High Street to reach the sea front and the village's tiny Maritime Museum located in a former coastal lookout building.

Walk summary

A meandering walk through rolling farmland that passes through the villages of Trimingham and Gimingham before arriving at the coastal village of Mundesley.

Getting started

This walk starts just north of Southrepps near Whitegates Road (TG261373) and ends on High Street, Mundesley next to Gold Park (TG311366).

Getting there

Bus service

Southrepps – Sanders 33.

Mundesley – Sanders 5, 34, 35B, 55

Bus stops Vernon Arms (Southrepps) and Gold Park (Mundesley)

Traveline enquiries: 0871 200 22 33

www.travelineeastanglia.co.uk

Maps and guides

Ordnance Survey Explorer Map 252, Norfolk Coast East, available from Ordnance Survey shop www.ordnancesurvey.co.uk/

What to expect

Quiet lanes and paths across fields and along field edges. Series of stiles (between Mundesley and Gimingham).

Facilities

Pub, accommodation, and shops in Southrepps. Pubs, cafés, accommodation, shops and museum in Mundesley.