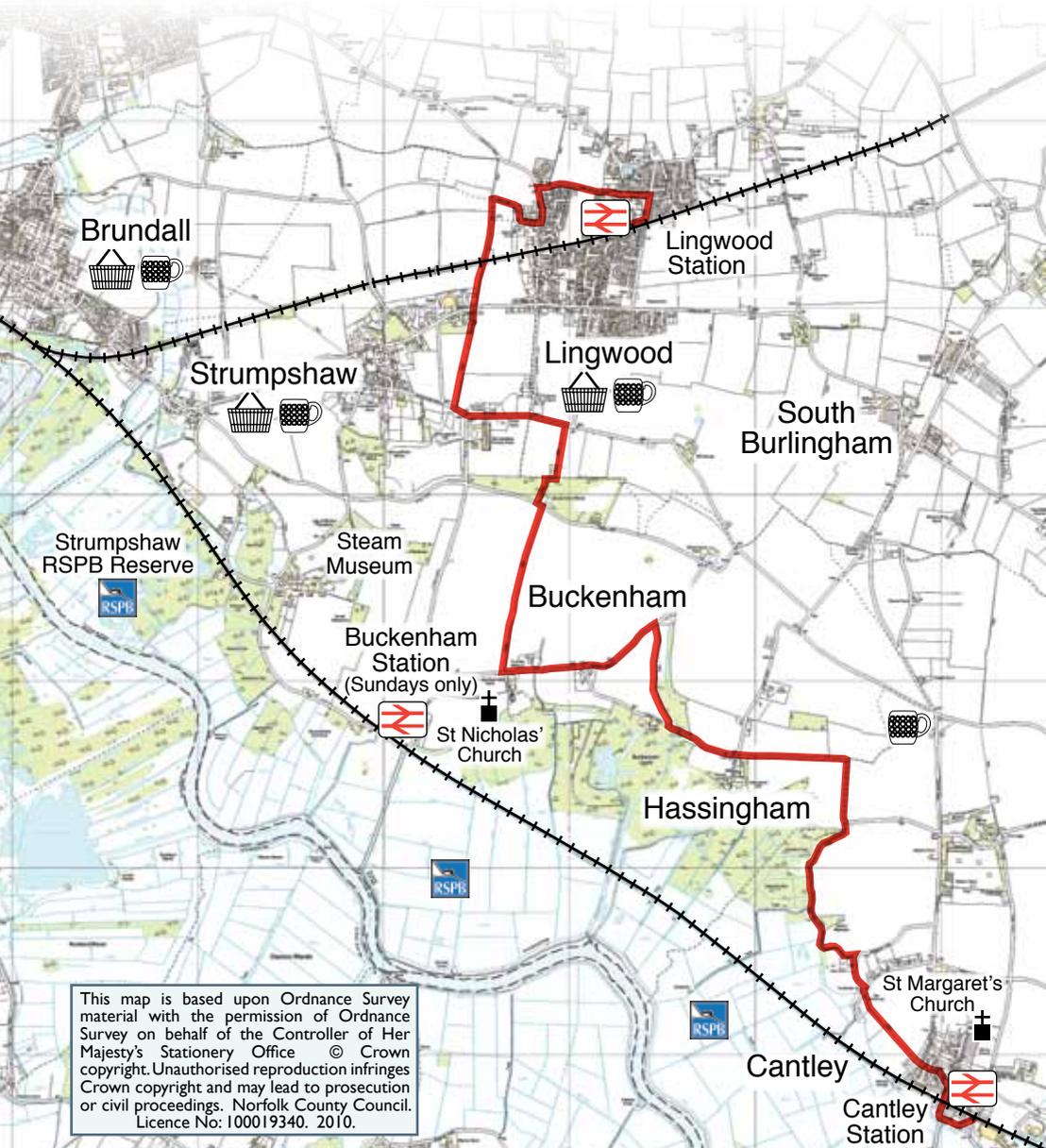


Distance	6 miles (9.6km)
Surface	50% hard, 50% soft - kissing gate
Gradient	Moderate
Toilets	No
Refreshment facilities	The Huntsman Inn, Strumpshaw, The King's Head Inn, Lingwood and The Reed Cutter Inn, Cantley
Seating on route	No

Directions:

- 1 Upon arrival at Cantley station walk towards the level crossing and through the wooden gate. Turn right on to Station Road, bearing right around the corner (track to The Reed Cutter Inn on your left) and then straight over the level crossing.
- 2 Turn left on to Malthouse Lane. Upon reaching the junction with Burnt House Road, cross the road and continue on to the public bridleway straight ahead.
- 3 At the end of the path, pass the house to your left and bear right, then left at the junction.
- 4 Walk up Grimmer Lane. Upon reaching the bend in the road turn left onto the public footpath. Follow the track around the edge of the fields, where you will eventually emerge onto a road.
- 5 Continue straight ahead on the road, remaining on this route to the junction. Walk straight across on to Carrs Road. (Hassingham Church is on your left)
- 6 Upon passing Run Cottage to your left, continue until you see a public footpath leading away to your right. Pass through the kissing gate and walk the length of this path.
- 7 After emerging onto School Road, turn left and continue along this road.

- 8 At the junction with Church Road (which leads to Buckenham Church) turn right on to the public footpath. Continue on this path until meeting a road.



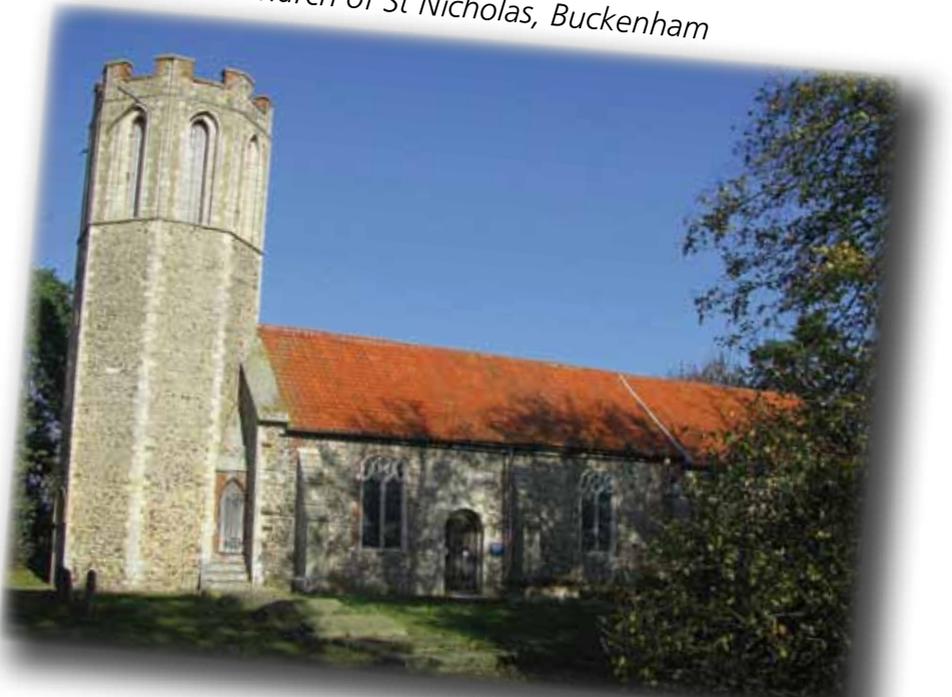
This map is based upon Ordnance Survey material with the permission of Ordnance Survey on behalf of the Controller of Her Majesty's Stationery Office © Crown copyright. Unauthorised reproduction infringes Crown copyright and may lead to prosecution or civil proceedings. Norfolk County Council. Licence No: 100019340. 2010.

Walk 3

Cantley to Lingwood

- 9 Cross the road, turning left and take the public footpath on the right. Follow this route through the wood, bearing right and turn left after passing the cottage onto a field-edge path.
- 10 Upon reaching Buckenham Road, turn left. Shortly after passing Mill Hill Road leading away to your left you will see a signed footpath to your right.
- 11 Follow the field-edge footpath, which will eventually lead to Goat Lane, a small track ahead. Walk along the length of this track to meet Norwich Road.
- 12 Cross Norwich Road and walk down the public footpath adjacent to the Huntsman Inn.
- 13 Carefully cross the stiles and the railway line ahead. Walk straight ahead on to Pack Lane, a track leading you to Lingwood. Turn right at the junction of footpaths, ensuring that you follow the track. Walk through the housing estate, turning left onto Chapel Road.

Church of St Nicholas, Buckenham





St Mary's Church, Hasingham

- 14** Turn right onto Post Office Road and follow this to the junction with Station Road.
- 15** Turn right on to Station Road, passing the King's Head Inn to your right. To access Lingwood station turn right before the level crossing.

Points of interest:

- Panoramic views of the Yare Valley;
- St Mary's Church, Hasingham;
- St Nicholas' Church, Buckenham.