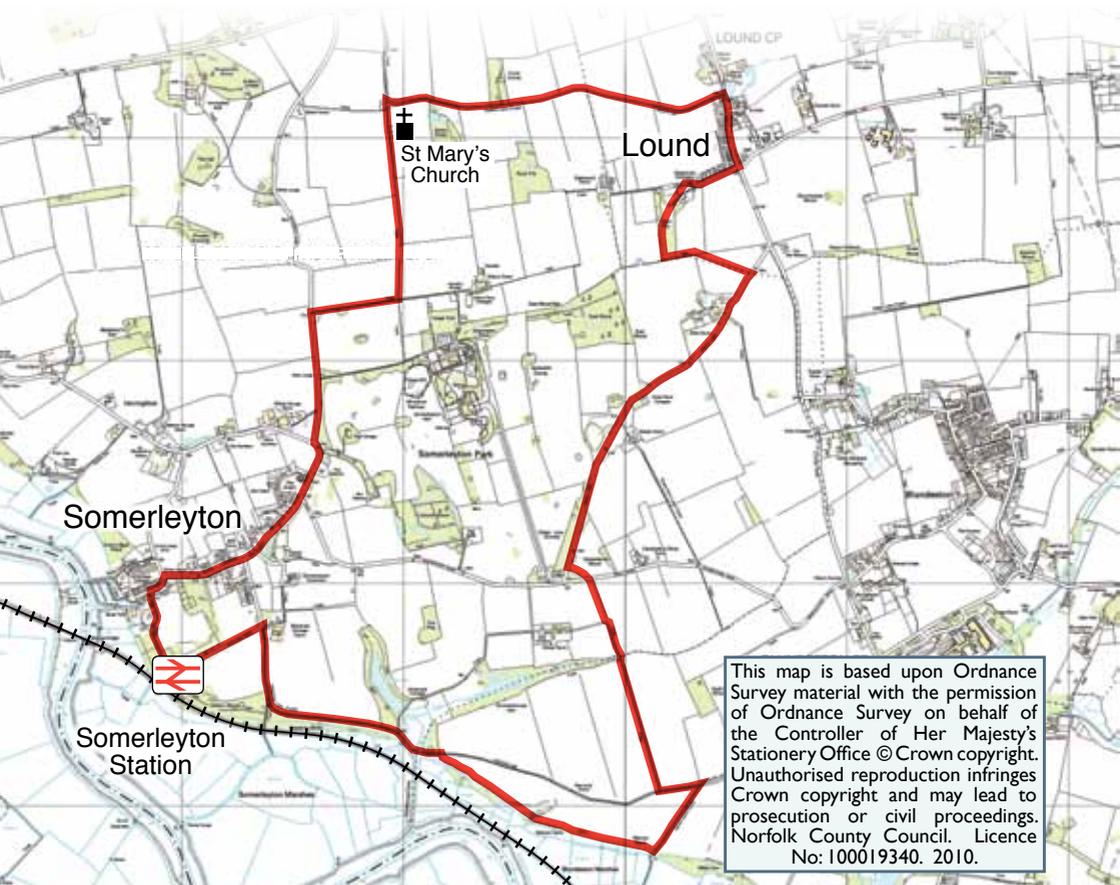


Distance	8 miles (12.8km)
Surface	50% hard, 50% soft - stiles, gates and a squeeze gap
Gradient	Moderate - one steep hill
Toilets	No
Refreshment facilities	Village Maid Inn, Lound, Somerleyton Post Office and Village Store (tea rooms), Duke's Head Inn, Somerleyton
Seating on route	Yes

Directions:

- 1 Exit the station through the car park.
- 2 Bear right to walk up Station Road. After approximately 500m the road will bend sharply left. At this point turn right to walk on the track keeping the farm buildings to your left.
- 3 At the fork in the track, bear left to continue on the circular walk. Waddling Wood is to your right.
- 4 Take the right fork at the next junction of tracks and after 175m follow the footpath leading away through the squeeze gap to the right.
- 5 Follow this meandering, sometimes narrow path, passing over a footbridge and boardwalk until eventually meeting a sandy track (Sandy Lane).
- 6 Turn left up the hill and at the next junction, turn left and walk along a track for (Waddling Lane) 190m. Turn right through a gate onto a signed footpath.
- 7 Follow the field-edge path and continue on the track ahead. Soon the track bends sharply to the left – continue straight on following the field-edge path to the Blundeston Road. Carefully cross the stile and road and pass through the opening in the park wall. Turn left to walk around the edge of the field and turn

- left in front of the paddock. Follow the fenced path to a lane.
- 8 Turn right - this is a quiet metalled road from which you will gain glimpses of Somerleyton Hall to your left.
 - 9 After passing Park Farm on your left, continue until meeting a signed footpath leading away to your left. Follow this crossfield footpath and bear left to walk into the wooded area.
 - 10 Continue straight ahead until you meet the western boundary. Take the route leading away to your right through the trees.
 - 11 Follow the path, bearing right at the fork in the route. Walk carefully down the steep slope to the grassy track you will see in the top right corner of the small field ahead.



- 12 Continue straight ahead and emerge onto Earth Lane and carry straight on. You are now walking towards the village of Lound.
- 13 At the junction, turn left on to The Street. You will have to cross the road to walk along the pavement and continue through the village.
- 14 Just after the Village Maid Inn, turn left along a track signed as a bridleway (Snakes Lane). Pass through the gates and follow this hedged lane for 1.5km, to meet a junction of footpaths.
- 15 Turn left to rejoin Angles Way and walk down the lane past Ashby Church. Continue on the field edge track to meet another junction.
- 16 Turn right and walk along the hedged track to emerge on to Market Lane (unsigned). Turn left and walk along the metalled road where you soon pick up the park wall on your left, to meet a T-junction. Bearing left, cross the road to walk along the pavement towards the village of Somerleyton.

St Mary's Church, Ashby



- 17 Walk past the school and at the end of the green, on the bend, go straight down the street signed to "Post Office and Railway Station". Continue past the Post Office Stores and Tea Rooms and go straight on, ignoring the left turn (signed to the railway station) and pass the duck pond. At the bottom of the hill, on the bend, take the footpath to your left (or you can continue on the road, for 125m to visit the Duke's Head Inn).
- 18 Take the right fork in the tracks and walk by some brightly coloured garages. Just before No 13, turn left through a gap in the fence and diagonally left to pick up a track leading away from you.
- 19 Follow this track and after 75m you will see the ruins of Somerleyton Brickfields (with information plaque) on your right. Continue on the track ignoring turns to the right and you will soon arrive back on Station Road opposite the station entrance.



Village Sign

Points of interest:

- The ruins of Somerleyton Brickfields are well worth investigating;
- Somerleyton Hall dates back to 1240 and was restyled by John Wentworth in the 17th Century as a Tudor-Jacobean mansion. Further alterations were made in Victorian times by Samuel Morton Peto. The hall and garden are open to the public;
- St Mary's Church, Ashby;
- Angles Way long distance path between Great Yarmouth and Knettishall Heath near Thetford.