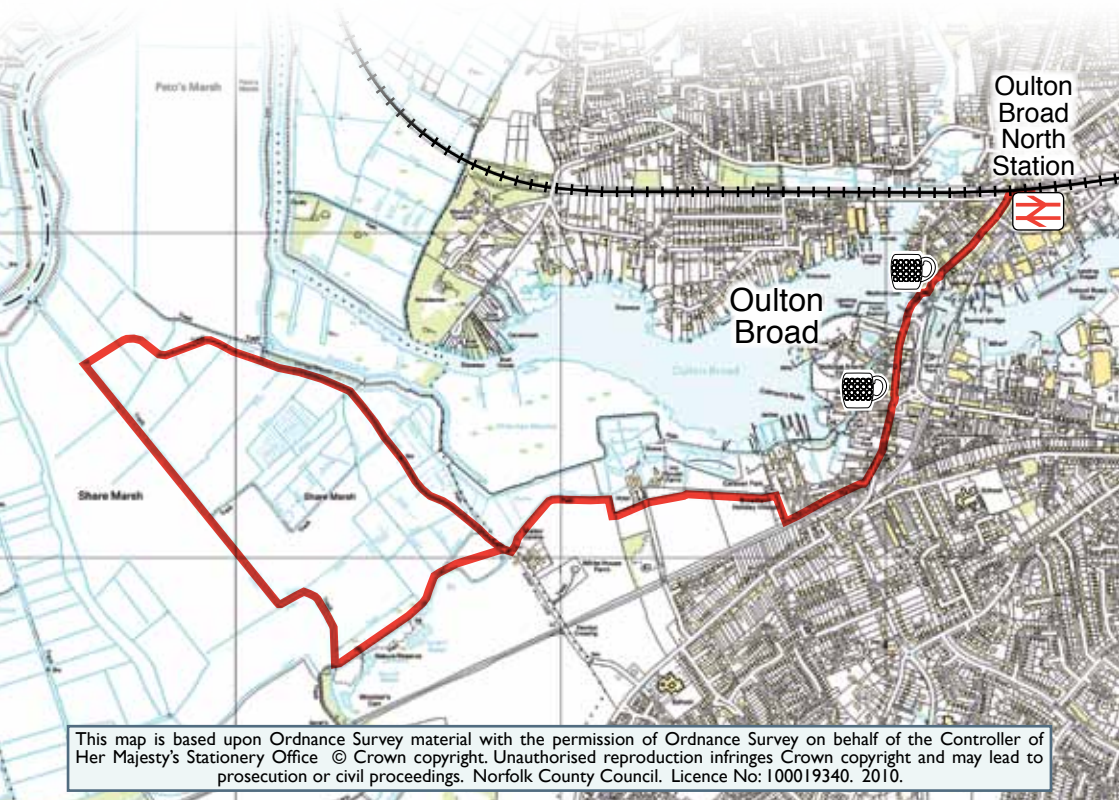


Distance	5 miles (8km)
Surface	25% hard, 75% soft - stiles and kissing gates
Gradient	Flat
Toilets	Carlton Marshes Visitor Centre
Refreshment facilities	The Waveney Inn, The Wherry Hotel, Lady of the Lake Inn
Seating on route	Yes

Directions:

- 1 Exit the station and turn left down Bridge Road. When it is safe to do so, cross the road so that you are walking facing oncoming traffic.
- 2 You will approach a roundabout. Cross Commodore Road and the entrance to the Wherry Hotel.
- 3 Follow the sign for pedestrians (Freshwater Way). This will lead you across a wooden lift-bridge then continue straight ahead onto Bridge Road (following the signs for Oulton Broad South station).
- 4 Follow this road until you emerge on to the A146. Walk past a car park and just after, take the road leading down to your right (Marsh Road) towards Oulton Broad South station.
- 5 On approaching the fork in the road, bear left to walk between the station car park and holiday chalets.
- 6 Follow the road, which runs parallel to the railway line. You will meet a sharp bend right – follow it round and walk towards the Broad.
- 7 After 100m, take the stile to your left and walk down the fenced path.
- 8 Follow the Angles Way markers, which will lead you through paddocks, over a series of stiles and across an access track.

- 9 After the last stile, you will follow a fenced path that leads to Carlton Marshes Nature Reserve.
- 10 The path will lead you into the reserve car park. On your left is the Suffolk Wildlife Trust Visitor Centre for Carlton Marshes. Continue across the end of the car park and through a gap in the hedge to a track.
- 11 Turn right and pass through a kissing gate. Follow the track straight on and enjoy the extensive views over the traditionally managed grazing marshes until eventually the path bends sharply right and you will see a gate straight ahead.
- 12 Pass through the gate and cross the meadow, following the track ahead.
- 13 Walk over the gated ditch crossing into the next meadow, continuing to follow the track.



- 14 Cross the next ditch crossing and walk to the midpoint of the meadow (aiming for the double wooden pylon at the far end of the field). You will find a ditch crossing half way across. From this point head slightly to your left for the gated bridge.
- 15 Cross the bridge (don't forget to close the gate) and turn left onto a grassy track. Continue on this straight path ignoring tracks to the left and right.
- 16 Follow the track around a sharp bend left (metal public footpath sign here) and continue walking to meet a junction (by a Carlton Marshes sign).

Carlton Marshes, Suffolk Wildlife Trust Reserve



- 17 Turn left and follow the grass track ahead. After passing through three kissing gates, the path will lead you back to the track and visitor centre.
- 18 To return to the start point, walk through the car park and retrace your steps to Oulton Broad North station.



Mutford Lock and Bascule Bridge

Points of interest:

- Carlton Marshes, which are managed by Suffolk Wildlife Trust and are home to water voles, many species of bird and insect including 15 recorded species of dragonfly;
- Bascule bridge and Mutford Lock at Oulton Broad;
- Oulton Broad.