

Be a

# SOAPER HERO

WASH  
YOUR  
HANDS!



**with soap  
before eating,  
after playtime,  
and after the loo**



**NORFOLK  
RESILIENCE FORUM**  
preparing for emergencies

**STAY ALERT!  
CONTROL  
THE VIRUS  
SAVE LIVES!**

**PROTECT OURSELVES. PROTECT NORFOLK.**