



Isolation note for your employer

You have been asked to self-isolate because you have tested positive for coronavirus. This means that you must not go to work unless you can safely work at home and your employer agrees to this.

Employers should support workers who are told to self-isolate and must not ask them to attend work. If you are in employment, speak to your employer to discuss if you can work from home or if other options are available during your period of isolation.

If you need a note for your employer go to 111.nhs.uk/isolation-note

Your employer can verify your note here: 111.nhs.uk/isolation-note/check

If you don't have access to the internet or if you need help to complete the online form, phone 01603 306 783

For more information on how NHS Test and Trace works, go to www.gov.uk/guidance/nhs-test-and-trace-how-it-works

If you cannot work because of coronavirus (COVID-19) you could be entitled to still get paid.

The national advice on statutory sick pay is:

You could get statutory sick pay if you're self-isolating because:

- You or someone you live with has coronavirus symptoms or has tested positive for coronavirus





- You've been notified by the NHS or public health authorities that you've been in contact with someone with coronavirus
- Someone in your 'support bubble' has coronavirus symptoms or has tested positive for coronavirus
- You've been advised by a doctor or healthcare professional to self-isolate before going into hospital for surgery.
- You could also get statutory sick pay if you've been advised to take extra precautions because you're at very high risk of severe illness from coronavirus (known as 'shielding').
- You cannot get statutory sick pay if you're self-isolating after entering or returning to the UK and do not need to self-isolate for any other reason.
- You could get statutory sick pay for every day you are off work.

For more information on statutory sick pay visit www.gov.uk/statutory-sick-pay