

Report title:	Prevention Concordat for Better Mental Health
Date of meeting:	13 February 2019
Sponsor (H&WB member):	Louise Smith, Director for Public Health
<p>Reason for the Report</p> <p>To share with the Health & Wellbeing Board the context and principles set out in the Prevention Concordat for Better Mental Health and ask them to sign up to a cross sector approach.</p> <p>Report summary</p> <p>The Prevention Concordat for Better Mental Health led by Public Health England provides a consensus statement whereby local authority, NHS, education settings, voluntary sector and employers pledge to align their mental health prevention approaches to the priorities stated.</p> <p>The ambition of the concordat is to bring together these organisations to provide a prevention approach to improving public mental health and to achieve a more equitable community.</p> <p>The focus on prevention to increase joint cross-sector action, work collaboratively and build workforce capacity and capability links with the Health and Wellbeing strategy & partnership 2018-22.</p> <p>Recommendations</p> <p>The HWB is asked to:</p> <ol style="list-style-type: none"> 1. To review, agree and sign up to the set of statements, listed below. 2. To agree to work together to develop a shared system action plan for better mental health 	

1. Background

- 1.1 In 2018 Public Health England set out the expectations and principles in a document called The Prevention Concordat for Better Mental Health which is underpinned by an understanding that taking a prevention-focused approach to improving the public’s mental health is shown to make a valuable contribution to achieving a fairer and more equitable society.
- 1.2 The NHS Five Year Forward View outlines and promotes a public mental health informed approach to prevention along with a range of relevant guidance and evidence-based interventions and delivery approaches.

- 1.3 The concordat promotes evidence-based planning and commissioning to increase the impact on reducing health inequalities. The sustainability and cost-effectiveness of this approach will be enhanced by the inclusion of action that impacts on the wider determinants of mental health and wellbeing.

2. Prevention Concordat for Better Mental Health

- 2.1 In 2018 the Norfolk and Waveney Sustainability & Transformation Partnership (STP) commissioned a review of adult mental health services which has resulted in a 10-year strategy and provides an opportunity to strengthen the prevention and wellbeing approach across the county.
<https://www.healthwatchnorfolk.co.uk/ingoodhealth/stp-mental-health/>
- 2.2 The Prevention Concordat for Better Mental Health intends to provide a focus for cross-sector development and action to deliver a tangible increase in taking a public mental health approach in Norfolk.
- 2.3 In agreeing to the consensus statement, organisations agree to incorporate the following statements/principles into their mental health prevention work.
 - 2.3.1 To transform the health system, we must increase the focus on prevention and the wider determinants of mental health. We recognise the need for a shift towards prevention-focussed leadership and action throughout the mental health system; and into the wider system. In turn, this will impact positively on the NHS and social care system by enabling early help using a range of upstream interventions.
 - 2.3.2 There must be joint cross-sectoral action to deliver an increased focus on the prevention of mental health problems and the promotion of good mental health at local level. This should draw on the expertise of people with lived experience of mental health problems, and the wider community, to identify solutions and promote equality.
 - 2.3.3 We will promote a prevention-focused approach towards improving the public's mental health, as all our organisations have a role to play.
 - 2.3.4 We will work collaboratively across organisational boundaries and disciplines to secure place-based improvements that are tailored to local needs and assets, in turn increasing sustainability and the effective use of limited resources.
 - 2.3.5 We will build the capacity and capability across our workforce to prevent mental health problems and promote good mental health, and Workforce Development Framework Call to Action.
 - 2.3.6 We are committed to supporting local partners to adopt this Concordat and its approach.
- 2.4 In summary we ask the Health & Wellbeing Board members to agree and sign up to the six statements shown above.

2.5 Further information can be found at the link below:

<https://www.gov.uk/government/publications/prevention-concordat-for-better-mental-health-consensus-statement/prevention-concordat-for-better-mental-health#about-the-concordat>

Officer Contact

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