



## Pedestrian Skills



### Independent Travel Training Fact Sheet – Pedestrian Skills

This fact sheet provides some advice for parents/carers on how to develop your child/wards skills to become a safe pedestrian. This will help with travelling independently to a new school or post 16 education establishment. Take time to talk through the different elements and spend some time to practice whenever possible.

#### Think and Plan

Most of the time your child/wards journey will be very similar especially once they start attending their new college and this will hopefully quickly become routine. However, it's still worth thinking about their journey and what route works best for them. Choose a route with the best crossing points to get them to college on time and safely.

#### Road Crossings, Don't get distracted!

- Revising the green cross code and looking at information in the highway code is a must. It's easy for young people to become complacent.
- Talk about staying focused when travelling, walking and using mobile phones, chatting with new friends can all be distractions.
- Encourage safe practice i.e. don't follow others crossing the road and it's OK to stop chatting with friends to focus whilst crossing.

#### Pedestrian etiquette

- Being mindful and polite to other pedestrians is important, especially in busy areas that lead up to colleges and schools.
- Walk don't run, encourage thinking about safety first and giving others room on narrow sections of path; being mindful of the green cross code if they need to step of the path!
- Discuss safety whilst walking along country lanes. Think about staying alert, best side to walk on and being visible.

#### Suggested Activities

Take time to practice some simple journeys. Discuss why pedestrian etiquette is important. Getting out and about using some quieter roads is a good start. Walking to the shops or the park can be a good way to practice pedestrian skills. Where possible try and pick a route with crossing points such as a zebra or pelican crossings. Small steps make big changes!

#### Further resources and useful links

Use these suggested links to help further improve your child/wards pedestrian skills.

[www.roadwise.co.uk](http://www.roadwise.co.uk)

[www.highwaycodeuk.co.uk](http://www.highwaycodeuk.co.uk)

Contact: [titan@norfolk.gov.uk](mailto:titan@norfolk.gov.uk)