What's working ... and what's not working

As you think about what you'd like to do in future, it might help to think about what's working or not working now. Working out what the problems are and listing 'what's working' and 'what's not working' will help you see the upside and downside of the situation.

Think about your life

- What is working for you? What needs to stay the same?
- What is not working? What do you need to change?

Sometimes it is helpful to do this yourself, and sometimes it is helpful for others to give you their thoughts.

Working/Not working

What's working?	What's not working?

Working/Not working

From the person's perspective	
What's working?	What's not working?
From the family's perspective	
What's working?	What's not working?
From the staff's perspective	
What's working?	What's not working?
What needs to happen next to build on what's working and	
to change what's not working?	

Working and not working

What is working and not working?

The working and not working tool is a simple way to analyse what is happening in someone's life and prevents us from inadvertently changing aspects of a person's life that are working for them.

By looking at what is working and not working from different perspectives, it is clear where there is agreement and where there is difference.

Why use working and not working?

Using working and not working enables us to look at what is working in a person's life and what is not working from different perspectives. It enables us to work together to ensure that the person's support has as many of the 'what is working' elements and as few as the 'not working' elements as possible.

Find out more about working and not working:

http://www.helensandersonassociates.co.uk/reading-room/how/personcentred-thinking/person-centred-thinking-tools/good-daybad-day.aspx http://trainingpack.personcentredplanning.eu/index.php/en/person-centredthinking-tools/working-not-working