



Norfolk
County Council

Bath time



NHS

Bath time is the perfect singing time! Ideas for songs are;

- Down in the jungle (it's about animals washing their clothes).
- Five little ducks went swimming one day
(Try using some rubber ducks as props if you have them).
- Five little speckled frogs.
- 1, 2, 3, 4, 5 once I caught a fish alive.
- Miss out some words and see if your child can put them in or try singing the wrong words sometimes.
- To listen to nursery rhymes online go to www.wordsforlife.org.uk/songs

**Talk
& Play**
all through the day

Learning doing words

- Bath time words such as splashing, pouring, washing, blowing, floating, sinking.
- Say them as you demonstrate the action and repeat them over and over.
- Comment on what your child is doing
 - ‘you’re splashing in the water, splash, splash, splash!’

Bath activities

- Learn body parts.
- Use containers and bath toys, how do they fit together?
- Explore how you can pour water from them.
- Create some anticipation by making toys fall into the bath – pause before you push them and accompany this with lots of sounds.
- Older children can use bath toys to play imaginatively.
- Play ready, steady, go games – pause before you say ‘go’ and wait for your child to look at you before you say it, or let them say it.
- Play with the bubbles in the bath.
- Pop the bubbles and repeat ‘pop-pop-pop’.
- Talk about if the bubbles are big or small and where they are.

