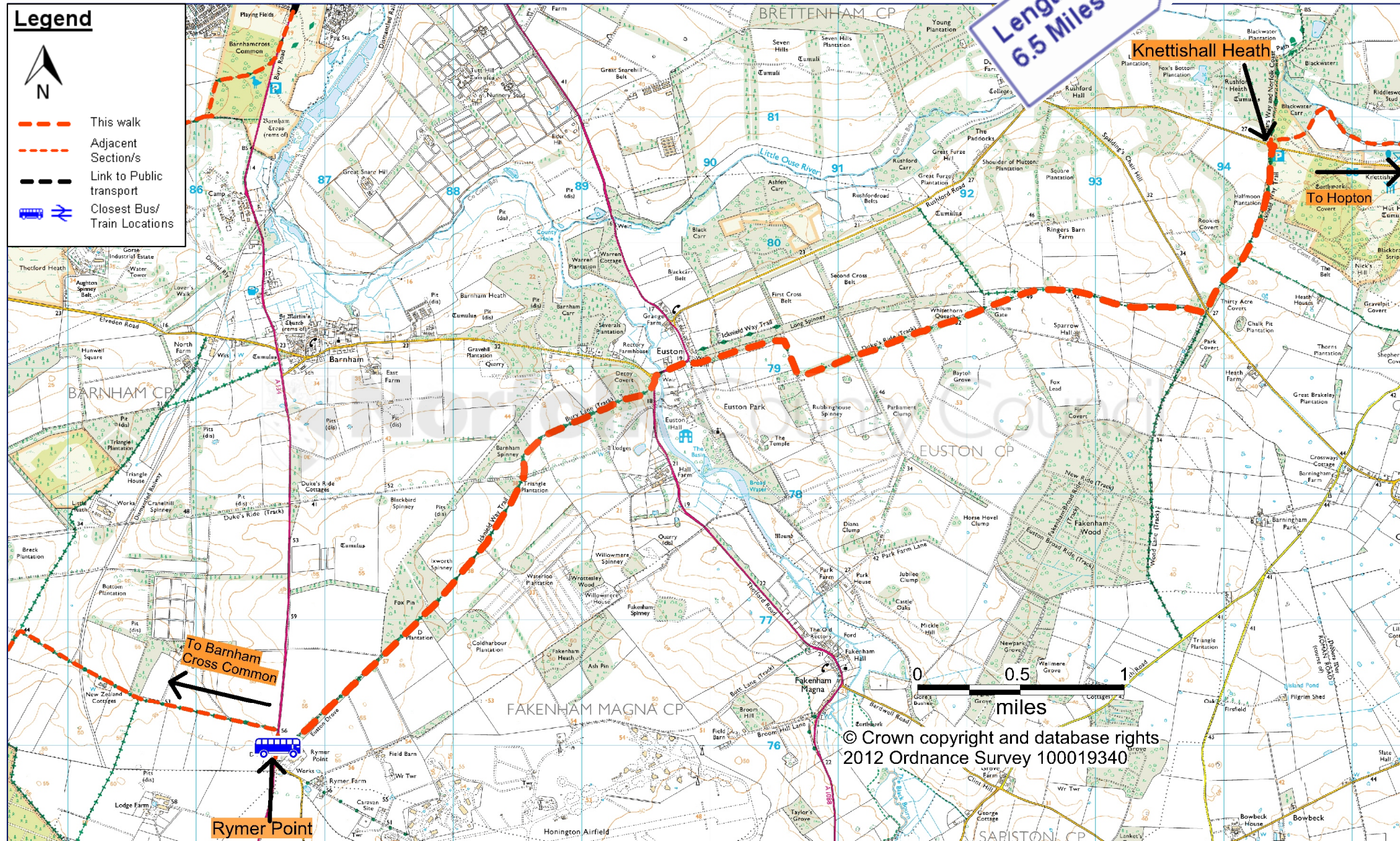


# S17

## Angles Way Short Section 17 (of 18) Knettishall Heath to Rymer Point





## Along the way

Angles Way follows the same route as the Icknield Way from Knettishall Heath towards Thetford. The Icknield Way extends from Knettishall Heath to Ivinghoe Beacon in Buckinghamshire and is claimed to be "the oldest road in Britain".

This section falls within one of our truly unique landscapes, the Brecks, and has a totally different feel to the Waveney river valley part of the walk.

The soils of the Brecks are sandy, free draining and nutrient-poor. The region has low rainfall, in common with much of East Anglia and has a semi-continental climate with great extremes of temperature. For instance frost can occur at any time of year. As a result plants and animal species more commonly associated with steppe or Mediterranean regions can be found here, alongside some found nowhere else. This combination of drought-prone soil, low rainfall and cold winters has strongly influenced human land use.

Before the advent of irrigation and chemical fertilizers the soils only supported limited agriculture with small areas (Brecks) being cultivated for a couple of years before being allowed to revert to heathland. Extensive livestock farming in the form of sheep grazing and rabbit warrening were the predominant land uses until the 20<sup>th</sup> century. During the 20<sup>th</sup> century large areas of forest were planted forming the largest lowland forest in the UK. Recent agricultural techniques mean that the area is now able to produce profitable crops such as carrots and onions.

### Walk summary

Enjoy a 6.5 mile walk through Breckland countryside from Knettishall Heath to Rymer Point on the A134, passing the point where Angles Way meets Peddars Way National Trail and Icknield Way, two other long distance routes.

### Getting started

This section is between Knettishall Heath (TL943807) Thetford Road, the junction of three long distance paths; Angles Way, Peddars Way and the Icknield Way and the bus stop at Rymer Point on the A134 (TL866758).

### Getting there

**Bus services** For Knettishall Heath, use the Suffolk Link Brecks dial-a-ride service between Thetford bus or train station and Knettishall Heath. Telephone 01638 664304 to book your journey up to a week in advance.

For A134, Coach Services 84 and 86.

Travelline enquiries: 0871 200 22 33.

[www.travelineeastanglia.org.uk](http://www.travelineeastanglia.org.uk)

**Bus stops** Thetford Road, Knettishall Heath  
Rymer Point bus stop, Rymer Farm, A134

### Maps and guides

Ordnance Survey Explorer Map Diss and Harleston 230 and Thetford Forest 229, available from Ordnance Survey shop

[www.ordnancesurvey.co.uk/oswebsite](http://www.ordnancesurvey.co.uk/oswebsite)

### What to expect

Footpaths, sandy byways, heathland and the busy A1088 to cross at Euston.

### Facilities

Car park and toilets at Knettishall Heath only.

Further information about planning a break in this area is available from [www.brecks.org](http://www.brecks.org)



[www.norfolk.gov.uk/trails](http://www.norfolk.gov.uk/trails)

