My feelings and wishes sheet

Completed in the presence of:	(name & role)
Name of child:	Age:

	T				
	Feelings				Wishes
Home					
	Always happy	Usually happy	Sometimes happy	Never happy	
School					
	Always happy	Usually happy 🗌	Sometimes happy	Never happy □	

Note: the child should complete this form with the assistance of a known & trusted adult if necessary (eg. class teacher). Please record all those present at the time of completing the form. You must explain to the child that this form will be shared with their parents and those at the Family Support meeting. In addition, you must explain that details will be shared with others if you feel there is a risk of harm.

Feelings	Feelings & Wishes V1, 2013				Confidential		
	Feelings				Wishes		
Friends							
	Always happy	Usually happy 🗌	Sometimes happy	Never happy [
Family Support Process							
	Always happy	Usually happy [Sometimes happy	Never happy			
To be co	To be completed after discussion about the Family Support process with young person (with reference to information leaflet).						
I understand that my feelings and wishes are a very important part of the Family Support Process and will be shared with my parents/carers and the people at the Family Support meeting. I also know that if the people helping me think I might be in danger, they might need to share this with other people without my permission.							

Name (of child, young person):______ Date_____

Signature (of child, young person):