



Mental health review

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Chair of Great Yarmouth & Waveney CCG



Norfolk and Waveney Sustainability and Transformation Partnership (STP)





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NHS Great Yarmouth and Waveney CCG
NHS North Norfolk CCG
NHS Norwich CCG
NHS South Norfolk CCG
NHS West Norfolk CCG
James Paget University Hospitals NHS
Foundation Trust
Queen Elizabeth Hospital King's Lynn
NHS Foundation Trust

Norfolk and Norwich University
Hospitals NHS Foundation Trust
Norfolk County Council
Suffolk County Council
Norfolk and Suffolk NHS Foundation
Trust
Norfolk Community Health and Care
NHS Trust
East Coast Community Healthcare CIC



Mental illness in Norfolk and Waveney

- Thought to affect 163,000 adults
- Rates of severe mental illness (such as psychosis) broadly in line or lower than UK average
- But a higher level of 'common mental illness' - problems such as depression, stress and anxiety
- Up to 19.1% of the adult population are affected by depression or anxiety



Mental illness in Norfolk and Waveney

- Our ageing population has driven dementia rates above the national average
- This is most notably in North Norfolk where 1.2% of the population lives with dementia compared to 0.8% across the UK



Norfolk and Waveney

- There has been year on year cash investment into new and existing mental health services
- This has expanded the breadth of services offered and improved quality of care for service users
- Considerable pressures remain on mainstream services and recruitment difficulties
- This has resulted in out of area placements and longer waiting times



The case for change

We need to change the way we deliver these important services in order to ensure the resource we have is being invested in a way that makes the most difference.

But we need to hear from local patients, carers, professionals and residents more broadly to help us define a way forward.



The case for change

Three key ambitions:

1. Improving prevention and wellbeing so that people are helped to stay well
2. Improving outcomes and the quality of services provided
3. Making accessing services easier, and providing services in the correct setting, with smooth hand-overs from a service user's perspective



What happens next

An early draft of our new mental health strategy will be published later this month.

Further engagement will take place in the new year to refine our strategy, before it is signed-off in February.



Thank You