

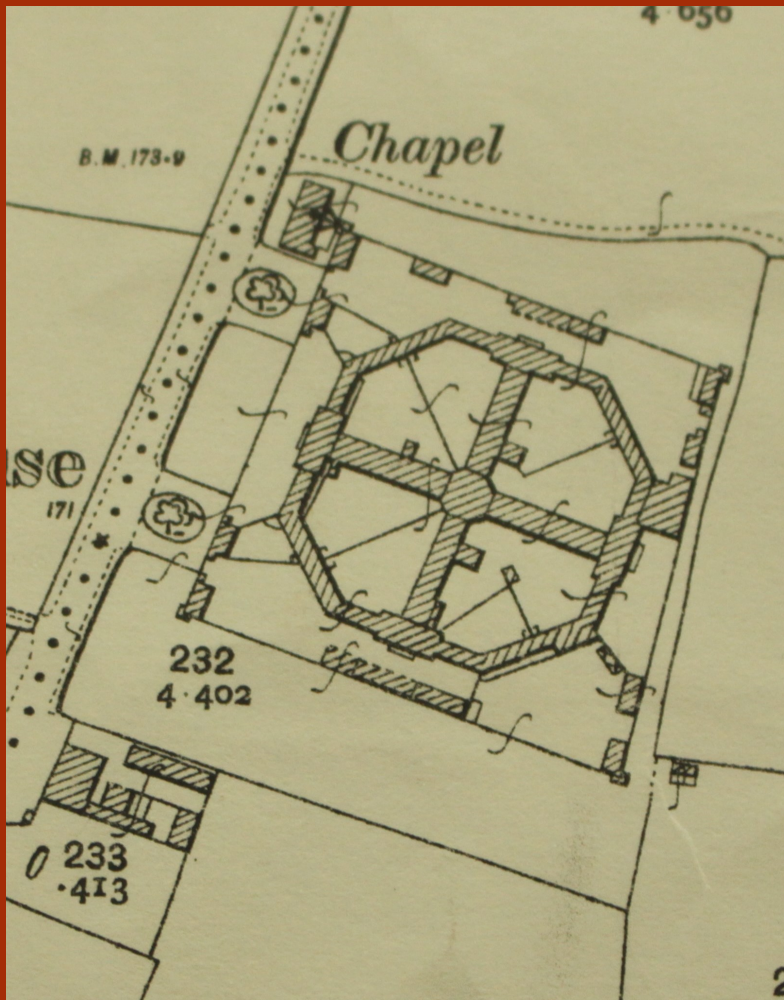


Workhouse Walk – Pulham Market

Workhouses provided care for people who were poor and needed help. They were set up by the 1834 Poor Law Amendment Act. Every town and village in the country was supposed to send their poor to a workhouse.

There were 22 workhouses in Norfolk. Each workhouse served a group of 40 to 50 parishes known as a Union.

Life in the workhouse was supposed to be tough. Workhouse food was boring, families were split up and adults had to work to help pay for their keep. It was hoped that people would only come in to the workhouse if they were desperate.



The Depwade Poor Law Union was formed and a new workhouse was built at Pulham Market in 1836. It could house up to 400 inmates.

It was designed by William Thorold who also designed the Guiltcross, Thetford, and Walsingham Union workhouses. In 1844, inmates tried to burn it down.

The workhouse became a Public Assistance Institution after 1930. It housed the elderly, chronic sick and single mothers. It was run by the local authority.

It later became known as Hill House Hospital.

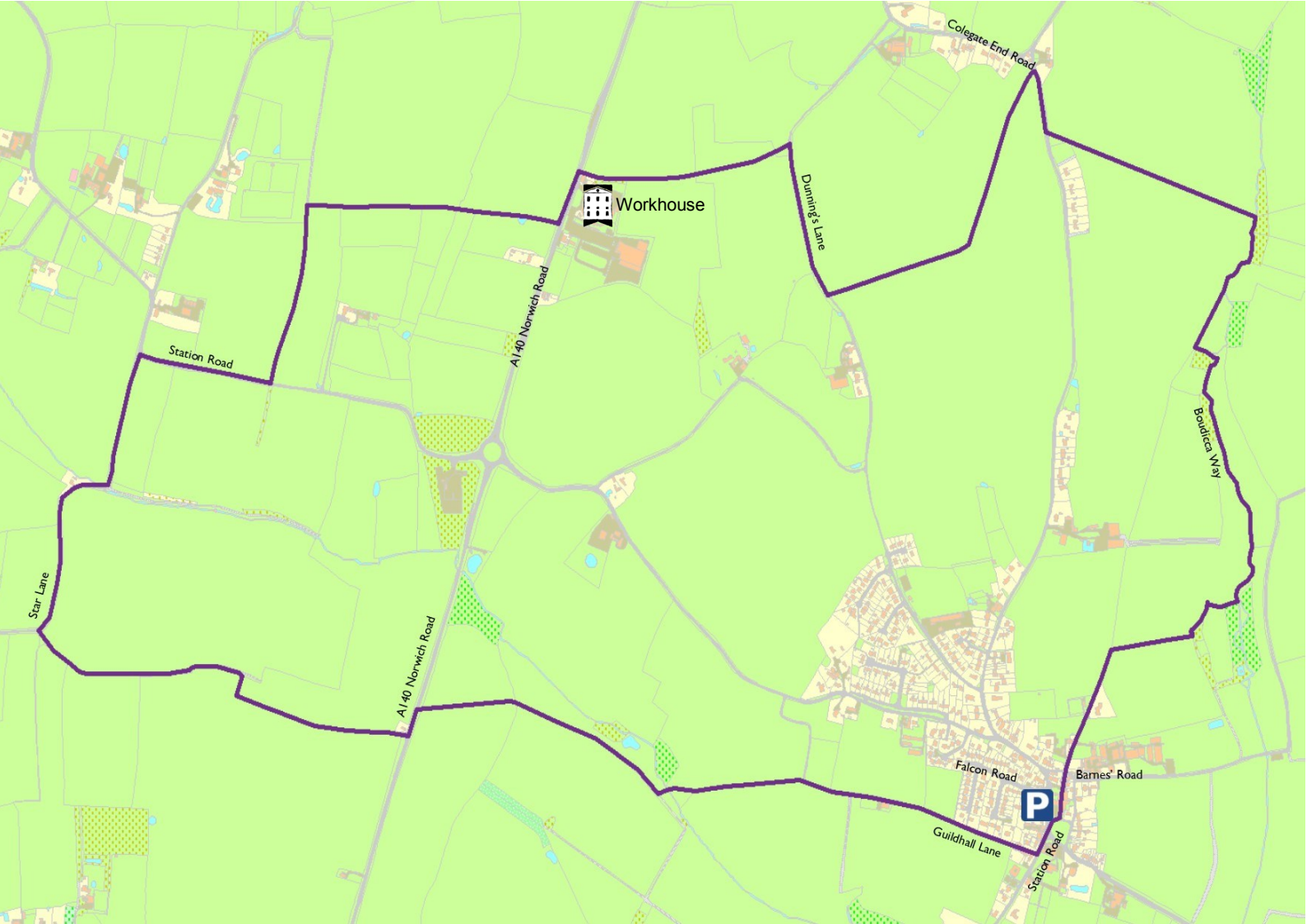
After it closed as a hospital it was briefly used as a hotel. It has now been converted to residential use.

This walk was developed as part of the *Voices from the Workhouse* redisplay project at Gressenhall Farm and Workhouse. For more information visit www.museums.norfolk.gov.uk/Gressenhall



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Start: Car park at junction of Falcon Road and Station Road

Grid Reference: TM196862

Distance: 5.5 miles

Follow Station Road south for 150m before turning right and continuing along Guildhall Lane for 600m until you approach a right hand bend. Cross the footpath over the field over the bridge until you reach the A140. The A140 is a major road with fast moving traffic. Please take care.

From the A140 turn left for 60m and then cross the A140, continuing west over fields. After 1 km you will approach a road (Star Lane). Here turn right, crossing a ford before reaching Station Road. Turn right and head east along Station Road for 300m.

Turn left along a bridleway and follow this for 400m and then turn right to head east along a footpath. This path will bring you back to the A140 outside the Pulham Market Garden Centre which is adjacent to the workhouse building.

Follow the A140 left for 120m and then head west again along a path on the outside of the workhouse, on the field edge. Continue along this path to reach Dunning's Lane. Turn right and follow the lane of 300m before heading east along over fields to reach Colegate End Road. Follow the road south before heading east once more across fields to join the Boudicca Way.

Follow the Boudicca Way south to reach Pulham Market.