Along the way

This is a longer walk with lots to see, including Overstrand itself. The pretty seaside village was a very fashionable resort at the end of the 19th century and several impressive buildings date from this time. One example is The Pleasaunce, a house and gardens built in the late 19th century by Sir Edwin Lutyens for Lord and Lady Battersea. The walk skirts the grounds of this as you head south from the start.

Continuing along the walk, the disused railway that runs just south of Overstrand has returned to nature since its closure in 1953, and is now a County Wildlife Site. Heading south from here, the best views of the rolling farmland that characterises much of the route can be found.

The walk passes two fine medieval churches - St Mary’s in Northrepps and the church of St James in Southrepps with its ornate tower. Both are worth making a stop for. Likewise, the two large 18th Century barns of Winspurs Farm (thought to have been a base for smugglers during the Napoleonic era) are striking examples of the diversity of architecture in the area.

Keep an eye out for the Shrieking Pit, a tree-shaded pond that you will pass to the east of Northrepps, which as local legend has it, is haunted by the spectre of a girl said to have been drowned there.

From Hungry Hill the way descends to the disused railway line again, once a World War Two training area, before returning to Overstrand.

Walk summary
A walk along lanes and footpaths exploring the area inland from Overstrand, taking in rolling farmland, woodland and quiet villages

Getting started
This walk starts at the Overstrand car park (TG248410).

Getting there
The Sanders 5 and 35B bus services both stop at the Post Office in Overstrand.

Traveline enquiries: 0871 200 22 33
www.travelineeastanglia.co.uk

Maps and guides
Ordnance Survey Explorer Map 252, Norfolk Coast East available from Ordnance Survey shop www.ordnancesurvey.co.uk/

What to expect
Mainly farm tracks and footpaths, with some crossfield paths that can be muddy following wet weather.

Facilities
Pubs, cafes, shops and accommodation can be found in Overstrand, all within a half mile of the walk’s start. Southrepps and Northrepps both have pubs, signed from the route.