



 **#NoToDomesticAbuse**

I finally realised
I was being
controlled.

**Help a friend or family
member access support
to walk away safely
from domestic abuse.**

NCCSP
Norfolk county community
safety partnership

Anyone can call the confidential 24-hour
national helpline on 0808 2000 247 or visit
www.norfolk.gov.uk/domesticabuse

In an emergency call 999